

This Chanukah, Dedicate Yourself to Ending Senior Hunger

The miracle of oil lasting eight days is usually the first thing that comes to mind when we think about Chanukah. But Chanukah, which means dedication in Hebrew, is also a celebration of the Maccabees being able to return to the temple in Jerusalem and rededicate themselves to Judaism and our core Jewish values.

This year, we encourage you to recognize Chanukah as an opportunity to dedicate yourself to the issue of senior hunger, and the obligation we have as Jews to help sustain those who are in need.

Read and discuss a fact about senior hunger each night as you light your Chanukah candles.

- 1** 1 in 7 seniors live in poverty
- 2** 60% of seniors who are eligible for SNAP (food stamps) benefits are not receiving them
- 3** 5.4 million seniors are food insecure in the United States
- 4** Food insecure seniors are 40% more likely to experience congestive heart failure
- 5** Nearly 65% of food insecure seniors are 69 years old and younger
- 6** Food-insecure seniors are 60% more likely to experience depression
- 7** 1 in 3 food-insecure seniors are disabled
- 8** 10,000 baby boomers are turning 65 every single day