Think $16 a month isn’t worth it?

1 dozen eggs $2.00
1 gallon milk $3.56
2 pounds rice $1.46

2 pounds bananas $1.20
1 pound beans $1.49
2 pounds chicken legs $3.16

1 loaf of bread $1.39
2 pounds carrots $1.52

Total for the groceries above? $15.78

Even if you only qualify for the minimum, a little assistance goes a long way.