

What is the emotional toll of hunger?



“I could not have perceived in a million years that I would ever be unemployed and kicked out of my apartment. Then, the recession hit. I did everything to find work and applied for countless jobs. But as a 59-year-old former journalist and business owner, I was either over-qualified or rejected because of my age. After nine months, my savings ran out. I can’t afford fresh food. When my food stamps run out, it’s kinda scary not knowing if I’m gonna have any money to eat tomorrow. I’m worrying all the time.”

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A Jewish Response
To Hunger