

What are some of the impossible choices food-insecure seniors must make?



"I had a stroke nine years ago, at 62. I wasn't ready to retire, but the stroke kept me from working. Now, life's a struggle. I live in low-income senior housing and get Medicare but after the monthly bills, I can't cover everything else I need. I can only really afford to go to one doctor appointment a month, but that just ain't enough. I try to have more money to spend on the doctor by putting more blankets on the bed at night instead of using the heat. I'm supposed to be on a special diabetes diet, but I just can't afford to buy that food. It makes me feel terrible that I can't afford to take care of my health. I never imagined I'd get to this age and this would be my life."

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A Jewish Response
To Hunger