

How does hunger impact children?



"I feel bad when my mom tries to buy me some food and I say, 'Mom if you're not getting yourself something then I'm not getting anything.' It makes me feel sad that my parents sometimes feed us kids and not themselves. There was a period, before we got food stamps, when I was so hungry that it hurt a little bit in my stomach and kind of made me out of breath. If I am hungry in school, I can't focus a lot and I don't understand the lesson."

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A Jewish Response
To Hunger